



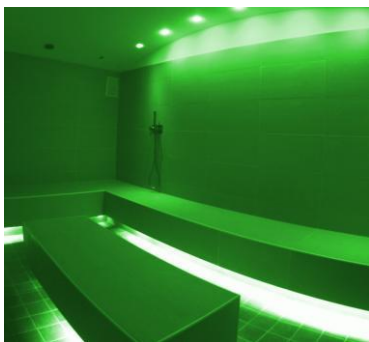
# Wellness & Spa

## NOVARELLO

### Services:

**Massages:** awaken and stimulate your inner energy through Massage, an art that involves an active participation of the mind as well as the body

**Emotional Itinerary:** in addition to relaxing, the emotional showers with their combined jets allow you to massage your body, especially the cervical area, decontracting the muscles



**Steam Bath:** is recommended to purify your body, also helping to control blood circulation

**Whirpools:** they help to regain tone and energy and to help our physique to dispose of toxins and liquids. All these benefits are associated with the "continuous massage" of the waterfalls for the cervical, to give greater psycho-physical well-being

**Tepidarium:** here we offer you a dry cabin with benches heated up to 39°, where the heat is distributed over the whole body, allowing the recovery from daily stress



**Sauna:** high temperatures ranging from 80° to 100° allow you to regenerate your organism

**Opening times & dates:** Monday-Sunday from 10am to 20pm

**Contacts:**

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